



# Shake, Rattle & Roll



## Facilitator Training Workshop

Shake Rattle & Roll is a physical activity program for toddlers, aged 2 – 4, and their parents. The Shake Rattle & Roll activity program encourages early movement and coordination using simple songs, large and small apparatus and hand – held equipment. Participants completing the training workshop will receive the lesson manual and information on how to set up a program. Facilitators trained in Shake Rattle & Roll will be able to offer the program to families in their own communities.

**Date:** October 6, 2009  
**Time:** 10:00 a.m. – 4:00 p.m.  
**Location:** Friends Community Church – Gym  
245 1<sup>st</sup> NW Carman, MB – please use entrance at  
TLC Daycare.  
**Cost:** \$16.00 lunch included

Registrations Due Date: September 23, 2009  
Maximum Enrolment per session: 15 participants  
Space Available on a first come basis.

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### Registration “Shake Rattle & Roll” Facilitator Training Workshop

**Name:** \_\_\_\_\_

**Organization/Community:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Business Ph:** \_\_\_\_\_ **Home Ph:** \_\_\_\_\_

**Email:** \_\_\_\_\_

In case of cancellation due to inclement weather you will be contacted at the above numbers. Please make cheques payable to Healthy Child Coalition – Central Region. Registrations can be mailed or emailed to the below addresses:

Tracy Bamford  
Healthy Child Coalition – Central Region  
Box #87  
Manitou, MB. R0G 1G0

Email: [hcc-cr@mts.net](mailto:hcc-cr@mts.net)

