



Happy New Year!

2008 promises to be a very busy year. Before we begin with the new, let me recap with what has been happening. On December 6, 2007 I attended the Proclamation of the Healthy Child Manitoba Act, at the Legislative Building. On this day The Honourable Kerri Irvin Ross announced the passing of Bill 3, "The Healthy Child Manitoba Act". In attendance were various Ministers of Cabinet, representatives of Healthy Child Manitoba, and children from James Nisbet Community School. This was a historic day for Manitoba as we are the only province in Canada, not to mention the world, to pass an act such as this. As Strini Redi stated, with the proclamation of this act "we jointly commit ourselves to take care of every single child in our province". Central Region has played a large role in supporting this act, with developing the parent/child based programs which operate on a mainly volunteer basis within our region.

Family FUNdamentals

Bookmates Family FUNdamentals training was held in November, with sixteen people in attendance. FUNdamentals is a pre requisite for further Bookmate trainings. I hope to see many of you back for the Alphabet Soup training in March 2008. Registrations will be sent out later this month. Please check the "Coming Events" section of this issue to future trainings offered by the Coalition and other organizations.



2005/2006 E.D.I Results

The 2005/2006 Coalition E.D.I reports have been posted on the Healthy Child Manitoba website. 2005/2006 EDI collection marks the first year of a province wide collection. Also included on the site are the EDI fact sheet, and provincial EDI reports and results.

www.gov.mb.ca/healthychild/ecd/edi.html

Family Literacy Day

Mark your calendars for Family Literacy Day on January 27, 2008. If you are planning activities for Family Literacy Day and require materials you can go to the following website to request them.

www.abc-canada.org/fld/

I have copies of order forms I can send out as well.

C.A.R.S Conference - Feb 20-22

Communities Achieving Response Services (CARS) National Conference will be held in Winnipeg at the University of Manitoba, February 20-22.

- Learn about the CARS process and how it can help you develop a vision, action plan, strategies and partnerships to build quality childcare and other early childhood services to your community.

-Discover new ways of providing early childhood services that have been used successfully in rural remote and northern communities.

-Find out how to use recent research in early childhood development and care to help mobilize your community.

This conference promises to be full of new exciting ideas. For more information or to register please contact:

rita.webb@sympatico.ca

or toll free 1-866-424-0707



Books For Babies Launched

The province is launching Books for Babies, a new early-literacy initiative to increase awareness of the importance of reading to children right from the start.

The province is investing more than \$100,000 in the new Books for Babies initiative. New parents will receive a package including a book and a brochure on the benefits of reading to children and tips to support early child development. Healthy Child Manitoba worked in partnership with librarians, public – health nurses, speech and language experts, literacy partners and parent – child coalitions to develop the Books for Babies program. Books will be available in both English and French, and will be distributed through the public health system.



Dental Health Tips

Tooth Injuries – Do you know what to do in a dental emergency???

Knocked – out Permanent Tooth

1. Find the tooth.
2. Pick it up by the top – not the by the root.
3. If dirty – rinse tooth gently in water.
4. Put the tooth back into the socket and hold it there.
5. If you cannot replace the tooth – put tooth into cold milk or water.
6. Go to the dentist as fast as possible.

Broken Tooth

1. Rinse the mouth with warm water to remove dirt.
2. Apply a cold cloth to the lips and face.
3. Find and save tooth pieces
4. Go to the dentist as fast as possible

For more information contact your local dentist or
Dianna Meseyton-Neufeld
Healthy Smile Happy Child community facilitator
(204) 239-3082
dneufeld@rha-central.mb.ca



Coming Events

Jan. 23 – Carman Family Resource Center Annual Meeting, 7:00 p.m. at the center.

Jan. 24 - Steering Committee Meeting.

Jan. 25 –Morden Paren Child Resource Family Literacy Day Fun Carnival 4:30 – 6:30 p.m. Morden Collegiate Rec Room

Jan. 27 – Family Literacy Day

Feb. 20-22 – CARS Conference

March 5 & 6 – Alphabet Soup Training
Winnipeg Training

Feb. 8 – Wiggle Giggle Munch

9:00 – 4:00 p.m. – Magnus Eliason Rec.

Center, 430 Langside. For interested people outside of the Winnipeg downtown coalition there is a **\$50.00** registration fee.

Call 204.475-5755 and leave a voice message. Or email: dpccoalition@shaw.ca



Coming Soon

Shake Rattle & Roll training

Kit & Kaboodle training

Both of these trainings will be held in March or April, 2008. Please stand by for confirmed dates once they are available. I will be sending out registrations via email.

Coalition Meeting – TBA

Alphabet Soup Training

Bookmates Alphabet Soup training will be offered March 5 & 6 at Carman United Church.

Time: 10:00 a.m. – 4:00 p.m.

Date: March 5 & 6, 2008

Location: Carman United Church

Fee: \$16.00 includes lunch.

Registrations will be sent out via email.

If you would like more information on this or any other training, please contact Tracy at hcc-cr@mts.net



The Science of ECD
(early child development)

The Science of Early Child Development Version 2 will be available early in 2008. New content in this Canadian Resource includes: updated text, links, and videos of researchers and children. Updated Research topics include:

- The EDI and community mapping.
- The effect of stress on the developing child
- Experience-based brain development
- Economic benefits of child care
- Autism and the social brain
- Effects of physical punishment
- The integrated day

Visit the website at: www.scienceofecd.com

Watch for new research interviews with:

- Carl Corter
- Joan Durrant
- Magdalena Janus
- Alan Mirabelli
- Fraser Mustard
- Janette Pelletier
- Stuart Shanker
- Mildred Warner

**2008 Healthy Child Coalition
Steering Committee Members**

FSH – (Chairperson) Kathy Wightman 239-3137

Child Care	Rachelle Prejet	744-2180
Child Protection	Diane Delucia Roberta Flett	857-8751 856-5573
Education	Kate Roberts	825-2721
Family Resource Programs	Dorothy Braun Sharron Arksey	324-5223 445-2295
RHA Central	Denise Fast	324-2710
M.A.F.R.I	Lavonne Kroeker	319-0387
Healthy Child Manitoba	Wendy Church	945-8796



**COMMUNITY PARENT
CHILD PROGRAM COMING
EVENTS**

Morris

Jan. 9, 16,23,30	Morris Stay & Play
9:00 – 11:00	
Jan. 8	Growing With Mom
9:00 – 11:00	
Jan. 15,22,29	Story Time
2:00 – 3:00	
Jan. 15	Lets Cook Together
9:00 – 11:30	
Jan. 28	Kids in the Kitchen
9:00 – 11:30	
Jan. 10,17,24,31	Low Farm Woven Words
9:00 – 11:00	

For more information on the above programs call Cheryl at 746-2410

**Lorne Family Resource Connections
R.M of Lorne**

Jan 9, Feb.13,	Growing with Mom
Mar.13	(Swan Lake)
10:30 – 12:00	
Jan 10 & 24	Moms Morning Out
Mar. 6 & 20	(Mariapolis)
10:00	

For more information on the above programs call:
Angela at 242-4390

St. Claude

Jan. 18,25	Kit & Kaboodle
Feb. 8,15,29	

Call Yvette for more information at 379-2908

Manitou

TBA April	Kit & Kaboodle
	Mother Goose

Call Cindy for more information at 242-3484



Miami, Roland – call April for more info at 435-2725

Jan. 11,18,25 Shake Rattle & Roll
 (Miami Community Hall)
 Feb.1,8,15,22,29 10:00 – 11:00
 Jan. 22,29 Kit & Kaboodle
 (Roland United Church)
 Feb. 5,12,19,26
 Mar. 4 & 11 9:30 – 11:30
 Mar. 5,13,20,27 Kit & Kaboodle
 (Miami Library)
 Apr. 10,17,23,30 9:30 – 11:30
 Ongoing Stay & Play

Portage la Prairie & Area

Jan. 7,14,21,28 Grow with Mom
 Feb. 4,11,19,25
 Mar. 3,10,17 11:30 – 1:30
 Jan. 17,31 Stay & Play
 Feb.12,19
 Mar. 6,27 1:00 – 3:00
 Feb. 26 Wiggle Giggle Munch
 Mar. 4,11,18,25 1:00 – 3:00
 Feb. 26 Nobody's Perfect
 Mar. 5,12,19,26 1:00 – 3:00
 For more information Call Young Parents' Resource Center
 at: 857-9011

Morden

Jan.8,15,22,29 Stay & Play
 Feb . 5,12,19,26 2:00 – 4:00
 Jan. 23,30 Kids in the Kitchen
 Feb.6,13,20,27 4:00 – 6:00
 Jan. 17,24,31 Shake Rattle & Roll
 Feb. 7,14,21 2:00 – 3:00
 Call Morden Parent Child Resource Center at 822-1231 for
 more information

Austin

Jan. 14,21,28 Kit & Kaboodle
 Feb. 4,11,25 10:00 – 12:00
 Mar. every Monday Shake Rattle & Roll
 Evenings
 Call Austin Preschool Connections at 637-2404 for further
 information



**Central Region
Community Parent Child
Program Contacts**

Altona & Area Family Resource Center	324-2712
Austin Preschool Connections	637-2404
Carman Family Resource Center	745-5571
Centre D'Enfants St. Claude	379-2908
Childcare Family Access Network	445-2295
Elm Creek Early Years Committee	436-2439
Happy Rock Partners in Parenting	385-3137
La Garderie Arc-en-ciel	248-2315
Lorne Family Resource Connections	242-4390
Macdonald Healthy Child Committee	735-2444
MacGregor Nursery School	685-2522
Manitou Community Daycare	242-3484
Miami Children's Facility	435-2725
Morden Parent Child Center	822-1231
Petits Choux Day care	744-2180
Portage Learning & Literacy Center	857-6322
Red River Valley Parent Child Center	746-2410
Rock Lake Parent Child Committee	825-2080
South Central Committee on Family Violence	325-9957
Swan Lake First Nation Health Center	836-2424
West End Daycare	857-8910
Young Parents Resource Center	857-9011
White Horse Plain Early Childhood Comm.	353-2080
White Plain Recreation District	735-2444



**Warm up with
Oh – So – Delicious Oatmeal**

1 cup water
 ½ cup of rolled oats
 ¼ cup applesauce
 Dash of salt
 Pinch of cinnamon
 2 tsp brown sugar

Pour water, oats and salt into med sized
 pot. Heat on stove top until it boils.
 Stir in applesauce and cinnamon
 Cook on low heat and stir for 5 minutes.
 Pour into bowl and sprinkle with cinnamon.
 Enjoy!

390 calories	74 g carbohydrates
13 g protein	9 g fibre
6 g fat	0 mg cholesterol

January 2008
Volume 8, Issue 1

Coalition New & Notes

Healthy Child Coalition
Central Region

