



Healthy Child Coalition Annual General Meeting

On September 11, 2008 the Healthy Child Coalition – Central Region held the Annual General Meeting and presentations of grant funding for programs being held in 2008 / 2009.

A total of 18 organizations/communities were funded.

Guest speakers for the event were, Debbie Jonasson and Joan Stainton from the White Horse Plain Early Childhood Committee. WHPECH has been very successful with the Kit & Kaboodle programming being held at the Starlite Hutterite Colony near Elie MB. Using a modified program, Joan and Debbie have been offering Kit & Kaboodle on the colony for the past 2 years.

Good luck to all of you with programming for 2008/2009.

Healthy Child Central Region NEW WEBSITE

www.healthychildcentralregion.ca

We are extremely happy to present to the region the new and improved HCC-CR website.

Thanks to Village Web Design from Pilot Mound MB, for creating the new user friendly design. Information ranging from EDI results, grant applications, final reports calendar of events, important links, and contact information can be accessed. Organizations can email their updated information to

Hcc-cr@mts.net

Please note that the new password and user id to access forms etc are as follows:

Username: Facilitators

Password: Information



Healthy Smiles

Healthy Smile Happy Child has provided our region with a resource kit full of oral health teaching tools. This kit is designed to be used by anyone working with young children and families. You can use bits and pieces of the kit to make a presentation to parents, make a display for a community to view, plan a craft or tell a story, send handouts home, teach brushing and flossing with a puppet, and make a bulletin or display board. Let your imagination run wild using the assortment of tools and information found in the kit.

*Submitted by Dianna Meyeston-Neufeld
Community Facilitator for Healthy Smile Happy Child*
The regional kit can be accessed by contacting the HCC-CR at 242-2021

National Family Week

National Family Week is October 6 – 12.

For ideas and activities from various national partners please visit

www.frp.ca/nfw

EDI Results

The EDI results for 2006 – 2007 have been received from Healthy Child Manitoba.

To access copies of these results call or email the Coalition office at 242-2021

Hcc-cr@mts.net

or check the website:

www.healthychildcentralregion.ca





Bookmates Training

Family Learning Olympics

Learn how to put on an enjoyable evening or afternoon family event. The Olympic themed stations are packed with enjoyable reading, writing, and numeracy related challenges for the entire family.

WHEN: October 7, 10:00 a.m. – 4:00 p.m.

WHERE: Carman United Church
134 -1st Carman MB

COST: \$16.00

There is no prior Bookmates training pre requisite for this training. To register for the day contact Tracy at 242-2021 or access the website for a register poster www.healthychildcentralregion.ca



Coming Events

- | | |
|---------|---|
| Oct. 6 | National Family Week |
| Oct. 7 | Family Learning Olympics training in Carman |
| Oct. 6 | Steering Committee Meeting |
| Oct. 22 | Family Resource Centre Coordinator networking Meeting – TBA |
| Nov. 13 | National Child Day Forum
Delta Winnipeg |
| Nov. 14 | |

National Child Day Forum Nov 13 – 14 Delta Winnipeg

Healthy Child Manitoba will again be hosting the National Child Day Forum. This year

Keynotes include:

Social and Emotional Development
Mary Gordon (*Roots of Empathy*)

Early Childhood, Human Development & Society

Clyde Hertzman with Joanne Schroeder
(*Council for Early Child Development & Human Early Learning Partnership*)

The Importance of Play

Marc Battle (*Red River Community College*)

See you at Forum!

Websites

Immunizations

www.immunize.cpha.ca

Triple P Parenting – Site TBA

visit the Healthy Child Manitoba site

www.gov.mb.ca/healthychild

Parent/Child Resources

www.parentsmatter.ca

Triple P

Triple P Parenting is in phase one of the rolling out the program in Central Region. Over 600 practitioners have been trained in the province

Phase one includes the Triple P website which is slated to be up and running in the next few weeks. The format of the site will provide information and articles, as well as a directory of services for parents and practitioners.

Watch for the media ads in print and radio outlining what is Triple P to begin in the upcoming months. Beginning in the new year, phase two will be implemented and consist of a media launch promoting the Triple P principles. Partners in the Triple P process will receive a communication kit equipped with brochures, posters and promotional templates.

To receive information on the Fall training you may contact the coalition office. Hcc-cr@mts.net



2008 Healthy Child Coalition Steering Committee Members

FSH – (Chairperson	Dorothy Braun	324-5223
Family Resource		
Child Care	Rachelle Prejet	744-2180
Child Protection	Diane Delucia	857-8751
Education	Jaclyn Koskie	746-2317
Family Resource	Sharron Arksey	445-2295
RHA Central	Grace Klassen	746-8858
DOCFS	Rubina Kirkness	
Recreation	Susanne Moore	735-2444
M.A.F.R.I	Lavonne Kroeker	319-0387
Healthy Child Manitoba	Wendy Church	945-8796

Tide – Me – Over Whole Wheat Nachos and Corn

- 3 Whole Wheat Pitas
- 9 tsp sun dried tomato pesto
- 2/3 cup shredded Cheddar cheese
- 1/3 cup shredded Mozza cheese
- 1/3 cup Monterey Jack cheese
- 1/2 cup corn kernels
- 3 tbsp black olives (sliced)
- 3 tbsp diced tomatoes
- 1/4 cup sour cream
- Chives are optional

Preheat oven to 350 F (180 C) . Cut pita into 8 wedges and arrange on a baking sheet. Bake in oven for 10 to 12 minutes or until crisp. Allow to cool.

Preheat broiler. In a bowl mix together cheeses. Spread pita wedges onto a large parchment paper lined baking sheet. Spread the sun dried tomato pesto, sprinkle with half the corn, olives, tomatoes, and 1/3 cup of the cheese. Repeat with remaining corn, olives, and tomatoes. Sprinkle all over with remaining cheese. Broil for 3 – 4 minutes or until heated through and cheese is melted. Serve on platter with sour cream and chives.

Central Region Community Parent Child Program Contacts

Altona & Area Family Resource Center	324-2352
Austin Preschool Connections	637-2404
Carman Family Resource Center	745-5571
Centre D'Enfants St. Claude	379-2908
Childcare Family Access Network	445-2295
Elm Creek Early Years Committee	436-2439
Happy Rock Partners in Parenting	385-3137
La Garderie Arc-en-ciel	248-2315
Lorne Family Resource Connections	242-4390
Macdonald Healthy Child Committee	735-2444
MacGregor Nursery School	685-2522
Manitou Community Daycare	242-3484
Miami Children's Facility	435-2725
Morden Parent Child Center	822-1231
Petits Choux Day care	744-2180
Portage Learning & Literacy Center	857-6322
Red River Valley Parent Child Center	746-2410
Rock Lake Parent Child Committee	825-2080
South Central Committee on Family Violence	325-9957
Swan Lake First Nation Health Center	836-2424
West End Daycare	857-8910
Tupper Street Family Resource Centre	857-9011
White Horse Plain Early Childhood Comm.	353-2080
White Plain Recreation District	735-2444

For More Information on the Healthy Child Coalition – Central Region contact:

Tracy Bamford – Coalition Coordinator
 Healthy Child Coalition – Central Region
 Box 87, Manitou, MB R0G 1G0
 Tel: 204.242-2021
 Fx 204.242-2021
 Email: hcc-cr@mts.net

Website: www.healthychildcentralregion.ca



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Coalition New & Notes

Healthy Child Coalition
Central Region

